

TRAVERSE COUNTY RESOURCES

EMERGENCY

Fire/Police/Ambulance/Sheriff.....	911
Poison Control.....	800.222.1222
National Suicide Prevention Lifeline.....	800.273.8255
Crisis Text Line: Text “MN” to 741741 to be connected to trained counselors	
Suicide and Crisis Lifeline: text or call 988	
24 Hour Mobile Mental Health Crisis.....	701.364.0431
24 hours a day, 7 days a week in Grant, Douglas, Pope, Stevens and Traverse counties	
Mental Health 24 Hour Emergency Service (Stevens Community Medical Center)	800.568.5955
Veterans Crisis Line.....	800.273.8255
Traverse County Sheriff's Office.....	320.422.7800

EDUCATION – Early Childhood (ECFE, Head Start, School Readiness), Elementary, Intermediate, High School

Early Childhood Special Education (Midwest Special Education Coop)	320.589.4248
Early Head Start – West Central MN Communities Action http://wcmca.org/program_headstart.cfm	218.685.7009
Wheaton Area Schools.....	320.562.8282
Browns Valley School.....	320.695.2103
Campbell-Tintah Public Schools.....	218.630.5311
Clinton-Graceville-Beardsley Schools.....	320.325.5224
PACER Center.....	952.838.9000

HEALTH – Physical

Sanford Clinic and Hospital-Wheaton.....	320.563.8226
Coteau des Prairies-Browns Valley.....	320.695.2526
Coteau des Prairies-Sisseton.....	605.698.7681
Essentia Health-Graceville.....	320.748.7223
WWKMHCC (IHS).....	605.698.7606
Big Stone Therapies.....	320.563.8269
Conroy Eye Care.....	320.563.4610
Dozak/Wheaton Drug.....	320.563.4151
Lewis Family Drug-Sisseton.....	605.698.2222
Traverse Care Center.....	320.563.8124
Browns Valley Health Center.....	320.695.2165

HEALTH – Chiropractors

Backman Chiropractic	320.563.4130
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HEALTH – Mental

Stevens Community Medical Center – Morris.....	320.589.7625
Lutheran Social Service.....	320.762.5124
Solutions Behavioral Health-Breckenridge.....	218.998.2992
St. Francis Hope Unit-Breckenridge.....	218.643.0499
Lakeland Mental Health Center-Fergus Falls.....	218.736.6987
Woodland Centers-Ortonville.....	320.839.8322
Prairie Community Services.....	320.563.4366
Lake Region Behavioral Health – Bridgeway Unit.....	218.736.8208
Prairie St Johns – Fargo ND.....	701.476.7216
Traverse County Socialization Group.....	Coordinator: 320.422.7796
Rural Psychiatry at Sanford Clinic-Wheaton.....	701.205.3000
Mental Health Apps.....	https://mobile.va.gov/appstore/mental-health

HEALTH – Dental

Lake Valley Dental.....	320.563.4800
Apple Tree Dental and Children’s Outreach Clinics.....	877.998.2218

Update: 01/2024

TRAVERSE COUNTY RESOURCES

Caring Hands Dental Clinic – Alexandria.....320.815.5711

HELPFUL LINKS

Legal Services of Northwest MN – Civil legal services without charge. Call for eligibility.....800.450.2552
 Disability LinkAge Line.....866.333.2466
 Senior LinkAge Line.....800.333.2433
 Veterans LinkAge Line.....888.546.5838
 Father’s Resource Program.....218.632.3600
 Traverse County Website.....www.co.traverse.mn.us

FAMILY SUPPORTS AND RESOURCES

AA.....Mondays, 7:00 @ Sportsman’s Club
 NAThursdays, 7:00 @ Browns Valley Community Center
 Peer Recovery Specialist.....605-268-1798
 Options for Women-Morris.....320.589.0300
 OutFront MN – Helpline for LGBTQ support.....800.800.0350
 Wheaton Food Shelf.....1st and 3rd Thursday following the 1st Tuesday from 1:00-3:00
 Browns Valley Food Shelf.....Tuesdays 1:00-3:00
 NAPS (Nutrition Assistance Program for Seniors).....218.685.8200
 Wheaton Meals-on-Wheels-Wheaton Community Diner.....320.563.4718
 Browns Valley Meal-on-Wheels-SWO Tribe.....320.695.9023
 Stevens County HRA (Serves Traverse County).....320.208.6559
Traverse County Social Services.....320.422.7777

Child & Adult Mental Health	Minnesota Care	Child Care Assistance
Emergency Assistance	Child & Adult Protection	Child Care Licensing
Food Support	Child Foster Care	Developmental Disabilities
Adult Foster Care	Parent Support Outreach Program	Child Support Enforcement
Medical Assistance	Chemical Dependency Services	Senior Services
Cash Assistance	Public Transportation	

Wheaton Public Library.....320.563.8487
 Browns Valley Public Library.....320.695.2318
 Rainbow Rider.....800.450.7770
 Salvation Army.....651.746.3410
 Someplace Safe.....800.974.3359
 Safe Families.....218.671.3224
Horizon Public Health.....800.450.4177

Child and Teen Checkups	Follow Along – Ages and Stages
WIC	Childbirth Classes
SHIP (Statewide Health Improvement Plan)	Long Term Care Consultation
Family Planning Program	MN Choices Screening
Home Visiting Program	Waiver Programs
Growing Great Kids	Prenatal and Postpartum Home Visits
Supporting Hands Nurse Family Partnership	Breast Feeding Classes
Maternal Early Childhood Sustained Home Visiting	

University of MN Extension-4-H Youth Development.....320.422.7729
 Veterans Service Officer.....320.422.7726
West Central MN Communities Action – <http://www.wcmca.org>.....218.685.4486

Emergency Assistance and Housing	Lead Testing	Early Head Start
MNSure Navigation	Homeless Prevention	Weatherization
FAIM Program	Foreclosure Prevention	Free Tax Clinics
Transportation	Emergency Shelter	Car Care Program

Rural Minnesota CEP.....320.391.9262
 Wheaton City Hall.....320.563.4110
 Browns Valley City Hall.....320.695.2110