

Traverse County Adult Mental Health Socialization Group

This group typically gathers together once a week for a socialization activity such as dinner and a movie, bowling, game day and supper, or an outing to a museum, park or theatre. Related meal and activity costs for activities are covered by a grant provided by the [Region 4 South Mental Health Consortium](#).

Requirements to participate:

- You must be a resident of Traverse County
 - You must be 18 years old or older
 - You must have a mental health diagnosis

For more information or to join our group, please call Cherie at (320) 422-7777.